

## SALADS

Our homemade dressings: Ranch, Thousand Island, Creamy Blue Cheese, Honey Mustard, Italian, Roasted Garlic Balsamic Vinaigrette, Ginger Soy, Creole Remoulade, Greek Feta or Sugar Cane Pepper Jelly Vinaigrette  
 Add sliced roasted chicken for \$2.75 or add Creole boiled shrimp for \$3.95  
 Add avocado, dried fruit, toasted nuts, crumbled Blue cheese, Feta cheese or crumbled bacon for \$1.00 each

### Classic Caesar ..... \$9.75

Freshly chopped Romaine lettuce tossed w/seasoned, croutons, Parmesan cheese & creamy Caesar dressing

### Welty's House Salad ..... \$10.75

Baby greens, tomatoes, boiled eggs, sprouts, olive salad, carrots, avocado, & cucumbers served w/ Roasted Garlic Balsamic Vinaigrette dressing

### Traditional Chef..... \$11.75

Baby greens, tomato, boiled egg, julienne ham, turkey, Cheddar Cheese, crumbled bacon & served w/your choice of dressing

### Shrimp Remoulade ..... \$12.95

Creole boiled Louisiana Gulf Shrimp served over freshly chopped Romaine lettuce then topped w/ fresh chopped parsley, green onions, boiled egg, tomato, and our Creole Remoulade dressing

### Asian Chicken Salad ..... \$11.75

Baby greens topped with roasted chicken, carrots, red cabbage, Mandarin orange segments, fried rice noodles, sliced toasted almonds served in our Ginger Soy dressing

### Chicken Salad ..... \$10.75

Roasted diced chicken mixed w/celery, green onions, mayonnaise and fresh chopped parsley, herbs, served on top of baby greens and tomato with boiled egg, and served w/our Roasted Garlic Balsamic Vinaigrette or your choice of dressing

### The Trio ..... \$12.95

Scoop of Chicken Salad, scoop of Tuna Salad and a scoop of Curry Chicken Salad served on a bed of baby greens, tomato, boiled egg with our Roasted Balsamic Vinaigrette or your choice of dressing

### Napa Salad ..... \$11.75

Mixed green lettuce with wine soaked cranberries, hardwood smoked bacon, toasted walnuts, apples and crumbled Blue cheese served w/Sugar Cane Pepper Jelly Vinaigrette

### Tuna ..... \$10.75

White tuna blended with green onions, celery, fresh parsley, mayonnaise, and other fresh herbs served on a bed of baby greens, tomato, boiled egg, with our Roasted Garlic Balsamic Vinaigrette or your choice of dressing

### Chicken Curry ..... \$10.95

Roasted diced chicken, blended w/celery, freshly chopped parsley, green onions, diced Granny Smith apples, toasted walnuts, golden raisins, curry powder and mayonnaise set above baby greens and tomatoes with our Roasted Garlic Balsamic Vinaigrette or your choice of dressing

### Smoked Salmon ..... \$12.95

Sliced smoked salmon over Romain lettuce topped with Red Bermuda onions, hard boiled eggs, capers, freshly chopped parsley, with Honey Mustard dressing drizzled w/Sour Cream & served w/Crostinis

### Baby Spinach Salad ..... \$11.50

Fresh baby spinach tossed w/sliced roasted mushrooms, chopped boiled egg & crumbled bacon topped w/our Greek Feta cheese dressing

### Mixed Green Salad ..... \$9.00

Mixed green lettuce, carrots and tomato with your choice of dressing

## SIDE SALADS + SIDE DISHES

Cole Slaw \$2.75 / Box of Homemade Crostinis \$2.25 / Mediterranean Hummus w/Pita Bread \$4.95  
 Creole Potato Salad \$2.75 / Deli Mustard & Egg Potato Salad \$2.75 / Italian Pasta Salad \$2.75  
 Classic Caesar Side Salad \$5.50 / Mixed Green Salad \$5.50 / Welty's Side Salad \$5.75  
 Fruit Cocktail Cup \$2.50 / Fresh Fruit Salad \$4.50 / Veggie Box \$4.50 / Chips \$1.50



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**HOURS:**  
**MON. - FRI. 7AM - 2PM**  
**BREAKFAST 7AM - 10AM**  
**LUNCH 11AM - 2PM**

**LET US  
 CATER YOUR  
 NEXT PARTY!**



## DELI STYLE SANDWICHES

Bread Selections: thick sliced marble Rye, thick sliced Sourdough, thick sliced Multi-Grain, thick sliced Pumpnickel, thick sliced White Bread, Ciabatta Bun, Pretzel Bun, fresh baked Croissant, Onion Roll, Add \$1.00 for Po-Boy bread (10" French) / Add Cheese \$.50 - American, Cheddar, Provolone, Pepper Jack & Swiss  
All Deli Style Sandwiches are served with your choice of Kettle Chips, Cole Slaw, or Fruit Cocktail!

<b>Oven Roasted Medium Rare Roast Beef</b> .....	<b>\$9.75</b>
With Au Jus \$1.00 Extra	
<b>Baked Ham</b> .....	<b>\$8.50</b>
<b>Deli Turkey</b> .....	<b>\$8.75</b>
<b>Corned Beef</b> .....	<b>\$9.75</b>
<b>Pastrami</b> .....	<b>\$9.75</b>
<b>CBD Club</b> .....	<b>\$10.75</b>
Ham, turkey, choice of cheese, and bacon served on your choice of bread	
<b>California Club</b> .....	<b>\$11.75</b>
Ham, turkey, bacon, choice of cheese with avocado, sun dried tomato, and alfa sprouts	
<b>Chicken Cordon Bleu Sandwich</b> .....	<b>\$11.50</b>
Smoked ham, Swiss cheese, sliced roasted chicken, Dijon mustard	
<b>New Orleans Original Muffaletta</b> .....	<b>\$12.95</b>
Italian bread split piled high with sliced Provolone, Genoa salami, ham, and Mortadella; topped with our homemade olive salad	
<b>New Orleans AK</b> .....	<b>\$12.95</b>
This 24 ounce sandwich is made with your choice of four deli meats topped with Cheddar, Swiss, Pepper Jack & Provolone served on a warm muffaletta bun	

<b>French Dip</b> .....	<b>\$11.95</b>
Medium rare roast beef and aged Provolone served on French bread with a side of Au Jus	
<b>Traditional Reuben</b> .....	<b>\$11.95</b>
Thinly sliced corned beef piled high with Swiss, fresh sauerkraut and Thousand Island dressing served on toasted marble Rye bread	
<b>The Veggie</b> .....	<b>\$9.75</b>
Roasted diced blend of mushrooms, artichoke hearts, red peppers, eggplant, zucchini, red onions, and yellow squash served with pesto on your choice of sliced bread	
<b>Smoked Salmon Sandwich</b> .....	<b>\$11.50</b>
Thinly sliced smoked salmon, with lemon caper cream cheese on the side, on your choice of bagel or sliced bread	
<b>Tuna, Chicken or Curry Chicken Salad</b> on your choice of bread .....	<b>\$9.75</b>
<b>Sliced Roasted Chicken</b> on your choice of bread .....	<b>\$9.95</b>
<b>Tuna, Chicken or Curry Salad Melty</b> Served on sour dough bread with American cheese .....	<b>\$10.95</b>
<b>Egg Salad</b> on your choice of bread .....	<b>\$8.75</b>
<b>Cheese Melty</b> on your choice of bread .....	<b>\$7.95</b>

### COMBO LUNCHES

<b>Soup Du Jour</b> 12 ounce cup .....	<b>\$5.25</b>
<b>Sandwich Combo</b> .....	<b>\$10.50</b>
1/2 sandwich of your favorite deli meat <b>or</b> Chicken, Tuna or Egg Salad with a cup of soup <b>or</b> any side salad	
<b>Soup &amp; Salad</b> .....	<b>\$10.50</b>
Your choice of a Caesar, Welty's, or Mixed Green Salad with a cup of soup	
<b>1/2 Muffaletta w/Soup or Salad</b> .....	<b>\$11.95</b>

### SALADS ON THE GO

<b>Small (8oz)</b> .....	<b>\$4.50</b>
<b>Large (12oz)</b> .....	<b>\$8.50</b>
Chicken, Tuna, Curry Chicken or Egg Salad	

### BEVERAGES

<b>Specialty Teas</b> .....	<b>\$2.50</b>
<b>Strawberry, Mango or Raspberry Lemonade</b> .....	<b>\$2.75</b>
<b>Fountain Drinks</b> .....	<b>\$2.25</b>
<b>Italian Sodas</b> .....	<b>\$2.75</b>
<b>Lemonade</b> .....	<b>\$2.25</b>
<b>Can Drinks</b> .....	<b>\$1.75</b>
<b>Bottled Drinks</b> .....	<b>\$2.50</b>
<b>Perrier</b> .....	<b>\$2.75</b>
<b>Iced Coffee</b> .....	<b>\$3.25</b>
<b>Iced Tea</b> .....	<b>\$2.25</b>
<b>Arnold Palmer 1/2 Lemonade 1/2 Iced Tea</b> .....	<b>\$2.50</b>
<b>Louisiana Cane Sweetened Tea</b> .....	<b>\$2.25</b>

- Certified Gluten Free
- Approved by Feingold Association
- Up to 99% Fat Free

- No Fillers
- Lower Sodium
- No Artificial Colors or Flavors

- No MSG
- No Trans-Fats

